



## HOME CARE AT ITS BEST

Since 2002, we've been helping older adults continue to live where they're most comfortable: at home. Our comprehensive home care services allow for an unparalleled level of personalized, one-on-one care, from fully trained and experienced care professionals.

Each individual is served by a five-person team that includes a social worker, nurse, case coordinator, supervisor, and primary caregiver. So regardless of the level of care needed, each individual need will be fulfilled to the highest standard.

## HEAR FROM OUR SATISFIED CLIENTS AND CAREGIVERS

"Your caregivers perform to a very high standard. They not only care for my wife; they care about her."

– **BEN S.**, Happy family member

"Being out-of-state, it is a relief to know we have dependable, capable, caring people to call on for Mom!"

– **MARY G.**, Happy family member

"Continuum allows me the joy of helping others, as well as nurtures me as an employee and person."

– **MELISSA S.**, Caregiver

**CALL TO SCHEDULE A FREE CONSULTATION WITH ONE OF OUR CARE PROFESSIONALS!**

## CUSTOM CARE SOLUTIONS

### Personal and Companionship Care

- Meal preparation
- Light housekeeping and laundry
- Medication reminders
- Bathing and hygiene assistance
- Incontinence management
- Hospice care support
- Alzheimer's and dementia care
- Errands/transportation
- Companionship
- Prompting and mental cueing
- Respite care for family caregivers

### Nursing Care

- Medication set-up
- Injections
- Vital sign checks
- Consultations

### Care Management

- Transition planning and oversight
- Recommendations and coordination of additional resources
- Advocacy with health care team
- Medical power of attorney if needed
- Family support and conflict resolution



**BARTH HOLOHAN**, MBA, MSW  
Founder/President

*Care for life.*

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**CONTINUUMCARE.COM**

*Locally Owned and Operated Since 2002*