

Does Hiring a Care Manager Make Sense?

When considering whether or not the services of a professional care manager would be a good choice for a particular situation, consider the following questions:

- Yes No Are the senior's issues becoming more numerous and complex than can be comfortably managed?
- Yes No Are other family needs and responsibilities getting in the way of providing the desired level of supervision and attention to the senior?
- Yes No Is the current caregiver unable to provide the desired level of care and supervision due to health or other reasons?
- Yes No Are care responsibilities interfering with paid employment?
- Yes No Does the family live far away from the senior requiring care?
- Yes No Is the current caregiver finding it difficult to coordinate all medical appointments and fulfill all documentation requirements?
- Yes No Is the caregiver finding it difficult to manage the senior's finances and/or household?
- Yes No Are care decisions and questions causing conflict and disagreement within the family or among responsible parties?
- Yes No Is more knowledge of appropriate and applicable resources desired (community resources, state and federal programs and alternate living arrangements, etc.)?
- Yes No Is more support and education on the presenting health or frailty issues desired (chronic diseases such as Alzheimer's, Parkinson's, heart disease and COPD)?
- Yes No Does the senior require services that family and friends do not have the time, skill or inclination to provide?

If the answers to three or more of the above questions are "Yes," a professional care manager will be beneficial for the situation.



Professional care management services are offered in a variety of settings, providing:

- Continuity of care management with communications coordinated between family members, doctors and other service providers
- Avoidance of inappropriate placements, duplication of services, and unnecessary hospitalizations
- A personal and compassionate advocate focused on an individual's wants and needs
- Assistance typically available 24 hours a day, 7 days a week
- Assurance of quality care and quality referrals

To learn more about care management services, call **Continuum Care Management** today.

Source: National Association of Professional Care Managers

