

Planning to  
**manage  
care needs**  
with siblings for  
a senior parent



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Making decisions with siblings on how to fairly divide care responsibilities can be difficult.

## These guidelines can help:

**ACCOMMODATE.** Communicate what tasks you're available to assist with; however, understand that compromises and sacrifices may need to be made.

**CONSIDER CAPABILITIES.** Assign tasks that suit a person's personality and strengths, such as letting a sibling who is an accountant assist with finances.

**HANDS-ON HELP VS. EXPENSES.** If a sibling is unable to contribute time for hands-on care support, consider assistance with care costs.

**INCLUDE PARENTS IN DECISION-MAKING.** This allows them to maintain a sense of dignity and control.

**DELEGATE.** Partnering with a professional home care agency, such as Continuum, provides families with planning assistance, a mediator and supplemental care for the times when family cannot be there. Contact us today to learn more!



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