# Safety Checklist

| Client            |  |  | - |
|-------------------|--|--|---|
| Agency Assessor _ |  |  | - |

Date \_\_\_\_

## **Outdoors**

| Sidewalks and driveways: | 🔾 Yes 🔾 No | Check for cracks and abrupt edges                |
|--------------------------|------------|--|
| Stairs/steps:            | Yes 🔾 No   | Handrails on all steps                           |
|                          | 🔾 Yes 🔾 No | Handrails run the entire length                  |
|                          | Yes 🔾 No   | Handrails along both sides of stairs             |
| Doorways:                | Yes 🔾 No   | Make sure thresholds are high                    |
|                          | 🔾 Yes 🔾 No | Ensure lighting near doorways is adequate        |
| Pathways:                | Yes 🔾 No   | Shrubbery leading to the home is trimmed         |
|                          | Yes 🔾 No   | Walk areas are clear of clutter, rocks and tools |
|                          | Yes 🔾 No   | Walk areas are clear of snow and ice             |
|                          | Yes O No   | Lighting along walkways is adequate              |

### **All Living Spaces**

| Floors:   | Yes 🔾 No   | Changes in surface types or levels are denoted by changes in color                         |
|-----------|------------|--|
|           | Yes 🔾 No   | Rugs are secured with nonskid tape   |
|           | Yes 🔾 No   | Carpet edges are secured with nonskid tape   |
|           | Yes 🔾 No   | No throw rugs  |
|           | Yes 🔾 No   | Oversized furniture in pathways  |
|           | Yes 🔾 No   | Clutter  |
| Phones:   | Yes 🔾 No   | At least one phone extension in each level of the home                                     |
|           | Yes 🔾 No   | Emergency numbers are posted at each phone   |
| Electric: | Yes No     | Enough electrical outlets available so appliance<br>cords do not reach across a wide space |
|           | ◯ Yes ◯ No | Electronic emergency response system is in place   |



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| Lighting:   | 🔾 Yes 🔾 No | Adequate lighting   |
|-------------|------------|---|
|             | • Yes • No | Glare controlled through use of sun control window films or glare control glasses (if the person wears glasses) |
|             | Yes 🔾 No   | Nightlights in bathrooms, hallways and bedrooms   |
|             | 🔾 Yes 🔾 No | Motion-sensitive lighting   |
| Colors:     | 🔾 Yes 🔾 No | Contrasting colors used   |
|             | Yes 🔾 No   | Paint   |
|             | Yes 🔾 No   | Furniture   |
|             | O Yes O No | Carpets   |
| Bathroo     | oms        |   |
| Tub/toilet: | Yes O No   | Grab bars installed   |
|             | 🔾 Yes 🔾 No | Grab bars around tub  |
|             | Yes O No   | Grab bars beside toilet   |
|             | 🔾 Yes 🔾 No | Nonskid mats or strips in bathtubs  |
|             | 🔾 Yes 🔾 No | Liquid soap dispenser mounted on the bathtub wall   |
|             | Yes O No   | Portable, hand-held shower head   |

#### Floor:

# Yes No Nonskid mats or carpet in bathroom

Yes No Raised toilet seat \_\_\_\_

#### **Kitchen**

| 🔾 Yes        | 🔾 No | Commonly used items in easy reach    |
|--------------|------|--------------------------------------|
| <b>O</b> Yes | 🔾 No | Sturdy step stool                    |
| • Yes        | 🔾 No | Appliance cords clear of obstruction |
| <b>O</b> Yes | 🔾 No | Microwave oven                       |
| <b>O</b> Yes | 🔾 No | Stove controls accessible            |
| • Yes        | 🔾 No | Nonskid mats or carpet in kitchen    |

Yes O No Padded bath or shower seat \_\_\_\_\_

#### Living, Dining and Family Rooms

| <b>O</b> Yes | O No        | Safe electrical cords                        |
|--------------|-------------|--|
| <b>O</b> Yes | <b>O</b> No | Safe telephone cords                         |
| <b>O</b> Yes | <b>O</b> No | Furniture non-obstructive                    |
| <b>O</b> Yes | <b>O</b> No | Furniture can easily move around             |
| <b>O</b> Yes | O No        | No low coffee tables                         |
| <b>O</b> Yes | O No        | Chairs and couches easy to get in and out of |

| Yes       O No       Television remote control         Yes       O No       Cordless phone | <b>O</b> Yes | O No        | Caster wheels removed from furniture |
|--|--------------|-------------|--------------------------------------|
| O Yes O No Cordless phone  | <b>O</b> Yes | <b>O</b> No | Television remote control            |
|  | <b>O</b> Yes | <b>O</b> No | Cordless phone                       |

#### **Bedroom**

| • Yes        | O No        | Bedside light                 |
|--------------|-------------|-------------------------------|
| <b>O</b> Yes | O No        | Easy off-on switch            |
| <b>O</b> Yes | <b>O</b> No | Touch lamp                    |
| <b>O</b> Yes | <b>O</b> No | Nightlight                    |
| <b>O</b> Yes | <b>O</b> No | Telephone within reach of bed |
| <b>O</b> Yes | <b>O</b> No | Good bed height               |
| <b>O</b> Yes | O No        | Firm chair, with arms         |

# Stairways, Hallways, and Pathways

| <b>O</b> Yes | O No        | Clutter is removed   |
|--------------|-------------|--|
| <b>O</b> Yes | <b>O</b> No | Carpet is secured  |
| <b>O</b> Yes | <b>O</b> No | No throw rugs  |
| <b>O</b> Yes | <b>O</b> No | Tightly fastened handrails   |
| <b>O</b> Yes | <b>O</b> No | Handrails running the entire length  |
| <b>O</b> Yes | <b>O</b> No | Handrails along both sides of stairs   |
| <b>O</b> Yes | <b>O</b> No | Handrails are 34 inches high   |
| <b>O</b> Yes | <b>O</b> No | Handrails have a diameter of about 1.5 inches  |
| <b>O</b> Yes | <b>O</b> No | Brightly colored tape is applied to the face of the steps                                    |
| <b>O</b> Yes | O No        | Optimal stair dimensions are 7.2 inch riser heights with either an 11 or 12 inch tread width |
| <b>O</b> Yes | O No        | Adequate lighting with light switches placed at each end                                     |

# Notes: \_\_\_\_\_