

GERIATRIC CARE MANAGEMENT

Care Management

Continuum looks for solutions that bring the least disruption in lifestyle. An experienced, professional eldercare manager is invaluable for those who need assistance with determining appropriate choices during significant life changes.

From social workers to home care aides to physicians, Continuum coordinates and communicates with a person's entire spectrum of care providers to ensure seamless care and optimal health and safety. Our social workers and nurses meet with the client, family, and other advisors to create and implement a workable plan of care based on individual goals, needs and preferences for in-home services, medical advocacy, and living arrangements, and adapt this plan with those concerned as care needs change. In the absence of a family member, Continuum is available to act as a surrogate and advocate for the client far beyond eldercare choices.

Eldercare services can involve some or all of the following:

- Regular client visits to monitor physical condition and encourage compliance with prescribed therapy
- Working and coordinating with physicians on appropriate care and medication
- Coordination of services inside or outside the home
- Providing assessments and ongoing counseling
- Updating family members and professionals on the plan of care
- Ensuring that there is an adequate stock of food, medications and medical supplies in the home
- Serving as a contact person for physicians, EMS and emergency room staff in the case of a medical emergency

Psychosocial Assessments & Talk Therapy Services

When you're dealing with difficulty dealing with issues such as depression or anger to loss or anxiety, our licensed clinical social workers meet with you and work one-on-one to address your needs. This service is covered by Medicare.

Please call **(314) 863 – 9912** or **(636) 861-3336** for more information!



www.ContinuumCare.com

