



# HOME CARE SERVICES

When life changes make daily activities challenging, Continuum can step in to allow you to remain independent while receiving a little extra assistance. Our one-on-one service from 4 to 24 hours a day provides the support needed to allow you to remain at home, wherever home is.

- Meal Preparation
- Light Housekeeping
- Companionship
- Bathing & Hygiene Assistance
- Ambulation Assistance
- Incontinence Management
- Laundry & Linen Service
- Alzheimer's & Dementia Care
- Prompting & Mental Cueing
- Medication Reminders
- Hospice Supportive Care
- Safety Supervision
- Errands & Transportation
- Respite Care

Continuum caregivers undergo a thorough background check process and are supported with specialized training to better serve our clients. All of our care staff are bonded and insured for your safety. We only hire caregivers with whom we would feel comfortable caring for our own loved ones.

The care of each client is monitored by our professional care managers. When health concerns require nursing services, Continuum can provide assessments, B-12 injections, and medication set-ups. Our nurses ensure prompt attention to any changing medical needs, and coordinate with your care management team to inform your physician and family of any health concerns or changes in care.

A Continuum care manager provides a *free* in-home consultation and develop a personalized plan of care. When service starts, we introduce you to your caregiver, selected based on your needs and preferences. Because of the depth in our caregiver pool, our 24/7 supervisor support, and Continuum's professional staffing, we guarantee that you will have care as scheduled when you request it.

Please call **(314) 863-9912** or **(636) 861-3336** for more information!

