## Signs and Symptoms of Abuse

Recognizing these warning signs of elder abuse can be a very effective tool in early intervention and prevention of further abuse.

PHYSICAL ABUSE	<ul> <li>Unexplained signs of injury such as bruises, welts, or scars, especially if they appear symmetrically on two sides of the body</li> <li>Broken bones, sprains, or dislocations</li> <li>Report of drug overdose or apparent failure to take medication regularly (a prescription has more remaining than it should)</li> <li>Broken eyeglasses or frames</li> <li>Signs of being restrained, such as rope marks on wrists</li> <li>Caregiver's refusal to allow the elder to be seen alone</li> </ul>
EMOTIONAL ABUSE	<ul> <li>In addition to the general signs above, indications of emotional elder abuse include</li> <li>Threatening, belittling, or controlling caregiver behavior that is witnessed</li> <li>Behavior from the elder that mimics dementia, such as rocking, sucking, or mumbling to oneself</li> </ul>
SEXUAL ABUSE	<ul> <li>Bruises around breasts or genitals</li> <li>Unexplained venereal disease or genital infections</li> <li>Unexplained vaginal or anal bleeding</li> <li>Torn, stained, or bloody underclothing</li> </ul>



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## NEGLECT BY CAREGIVERS OR SELF-NEGLECT

- Unusual weight loss, malnutrition, dehydration
- Untreated physical problems, such as bed sores
- Unsanitary living conditions: dirt, bugs, soiled bedding and clothes
- Being left dirty or unbathed
- Unsuitable clothing or covering for the weather
- Unsafe living conditions (no heat or running water; faulty electrical wiring, other fire hazards)
- Desertion of the elder at a public place

## FINANCIAL EXPLOITATION

- Significant withdrawals from the elder's accounts
- Sudden changes in the elder's financial condition
- Items or cash missing from the senior's household
- Suspicious changes in wills, power of attorney, titles, and policies
- Addition of names to the senior's signature card
- Unpaid bills or lack of medical care, although the elder has enough money to pay for them
- Financial activity the senior couldn't have done, such as an ATM withdrawal when the account holder is bedridden
- Unnecessary services, goods, or subscriptions

## HEALTHCARE FRAUD AND ABUSE

- Duplicate billings for the same medical service or device
- Evidence of overmedication or under-medication
- Evidence of inadequate care when bills are paid in full
- Problems with the care facility:
  - Poorly trained, poorly paid, or insufficient staff
  - Crowding
  - Inadequate responses to questions about care